









## Three Months Rheumatic

THESE are three rheumatic months—January, February, March—the season for colds and chills—and the worst time of the year for uric-acid ailments and kidney complaint. No one knows from day to day what mischief the changeable weather may work, and the only safe rule is **readiness for resistance.**

Rheumatism is stiffness or pain in the joints or the muscles, which may be sore, or swollen by inflammation.

Lumbago is a sharp, shooting form of backache, and is often aggravated by walking and stooping or by any sudden movement.

Sciatica is painful inflammation of the sensitive nerve down the thigh through the leg to the ankle.

## Fourteen Years Well.

Mrs. A. Southward, 29, Heys Street, Thornton (Lancashire), says:—

"Doan's Backache Kidney Pills rid me of rheumatism, lumbago, and sciatica some fourteen years ago, and I still keep in first-rate health."

Dated Dec. 24th, 1917.

I was back in 1903, on August 12th, that Mrs. Southward first made her case known to the public, when she said:—  
"Few have experienced such torture as I have been through. For six whole months I was actually crippled. Rheumatism, lumbago, and sciatica resulting from kidney weakness, wracked my whole body with pain. So helpless and weak was I that my friends despaired of seeing me well again."

"The utmost efforts of skilled advisers failed, and it was at this stage I made up my mind to try Doan's Backache Kidney Pills."

"I was astonished at the effectiveness of these pills, for they gave me greater relief in one week than I had had in all the period of my suffering."  
"Thus encouraged, I went on with the treatment, and I say with absolute truth that Doan's Backache Kidney Pills have relieved me completely of every symptom of rheumatism, lumbago, and sciatica, and that it is to nothing but this special kidney medicine that I am indebted for the thorough good health I now enjoy. I have no trace of kidney trouble whatsoever."

(Signed) "A. Southward."

## How to Ensure Resistance.

An excess of uric-acid in the blood, weak kidneys' inability to deal with this excess, and its consequent crystallisation causes rheumatism, lumbago and sciatica. Strong and healthy kidneys ensure a natural disposal of this harmful uric-acid. Safeguard the kidneys by avoiding colds and chills, lessen their strain by minimising uric-acid-forming diet, and by adopting simple regular health-giving habits. Then make resistance doubly sure, as Mrs. Southward did, by the help of Doan's Backache Kidney Pills.

## DOAN'S Backache Kidney PILLS.

Sold by all Dealers, or 2/9 a bottle direct from Foster-McClellan Co., 8, Wells St., Oxford St., London, W.1.

# PRESIDENT WILSON DEFINES WORLD'S PEACE TERMS

## WHAT AMERICA IS FIGHTING FOR.

League of Nations; Freedom of the Seas; No Tariffs; Restoration and Reparation.

President Wilson outlined in Congress a world-peace programme. He upheld Russia's just demands against German aggression, and expressed a desire to help her.

The chief points of his programme are:—  
**Free Seas.** **Restored Belgium.** **Adjustment of all**  
**No Tariffs.** **Restored Alsace.** **Colonies.**  
**No Secrets.** **Poland a State.** **League of Nations.**

### THE MESSAGE.

#### SPIRIT OF RUSSIA STILL LIVES.

President Wilson made it clear that he believes in the absolute sincerity and earnestness of the Russian delegates at Brest-Litovsk. He said: "Within the last week, Mr. Lloyd George has spoken with admirable candour and in admirable spirit for the people and Government of Great Britain."

There is, moreover, a voice calling for these definitions of principle and of purpose which is, it seems to me, more thrilling and more compelling than any of the many moving voices with which the troubled air of the world is filled. It is the voice of the Russian people. They are prostrate, but all but helms, it would seem, before the grim power of Germany, which has hitherto known no relenting and no pity. Their power, apparently, is shattered, and yet their soul is not subdued. They will not yield either in principle or in action.

Whether their present leaders believe it or not, it is our heartfelt desire and hope that some way may be opened whereby we may be privileged to assist the people of Russia to attain their utmost hope of liberty and ordered peace.

#### Full Programme.

President Wilson stated his full programme was as follows:—

1. Open covenants of peace openly arrived at, after which there shall be no private international understandings of any kind, but diplomacy shall proceed always frankly and in the public view.  
2. Absolute freedom of navigation upon the seas outside territorial waters alike in peace and in war, except as may be necessary to enforce international covenants for the enforcement of international covenants.

3. The removal, so far as possible, of all economic barriers and the establishment of an equality of trade conditions among all the nations consenting to peace and associating themselves for their maintenance.  
4. Adequate guarantees, given and taken, that national armaments will be reduced to the lowest point consistent with domestic safety.

5. A free, open-minded, and absolutely impartial adjustment of all colonial claims, based upon a strict observance of the principle that in determining all such claims the interests of the populations concerned must have equal weight with the equitable claims of the Government whose title is to be determined.

6. The evacuation of all Russian territory, and such a settlement of all questions affecting Russia as will secure the best and freest co-operation of the other nations of the world in obtaining for her an unhampered and unembarrassed opportunity for the independent determination of her own political development and national policy, and assure her of a sincere welcome into the society of free nations choosing; and more than a welcome, assistance also of every kind that she may need and may herself desire.

7. The treatment accorded Russia by her sister nations in the months to come will be the acid test of their good will, of their comprehension of her needs, as distinguished from their own interests, and of their intelligent and unselfish sympathy.

8. Belgium, the whole world will agree, must be evacuated and restored without any attempt to limit the sovereignty which she enjoys in common with all other free nations. No other single act will serve, as this will serve, to restore confidence among the nations in the future which they have themselves set and determined for the government of their relations with one another. Without this healing act of international law is forever impaired.

9. A readjustment of the frontiers of Italy should be effected along clearly recognisable lines of nationality.  
10. The peoples of Austria-Hungary, whose place among the nations we wish to see safeguarded and assured, should be accorded the first opportunity of autonomous development.  
11. Rumania, Serbia, and Montenegro should be evacuated, occupied territories restored, Serbia accorded free and secure access to the sea, and relations of the several Balkan States to one another determined by treaty on the basis of the eternally established lines of allegiance and nationality, and international guarantees of the political and economic independence and territorial integrity of the several Balkan States should be entered into.

12. The Turkish portions of the present Ottoman Empire should be assured a secure Sovereignty, but the other nationalities which are now under Turkish rule should be assured and undoubted security of life and an absolutely unmolested opportunity of autonomous development, and the Dardanelles should be permanently opened as a free passage to the ships and commerce of all nations under international guarantees.

which should be assured a free and secure access to the sea, and whose political and economic independence and territorial integrity should be guaranteed by international covenants.

13. A general association of nations must be formed under specific covenants for the purpose of affording mutual guarantees of political and territorial independence for small States alike.

#### Together to the End.

In regard to these essential rectifications of wrong and assertions of right we feel ourselves to be intimate partners of all the Governments and peoples associated together against the imperialists.

We cannot be separated in interest or in duty. We stand together until the end. For such arrangements and covenants we are willing to fight and to continue to fight until they are achieved, but only because we wish the right to prevail and desire a just and stable peace such as can be secured only by removing the chief provocations to war, which this programme does remove.

We have no jealousy of German greatness, and there is nothing in this programme that inspires it. It grudge her no achievement or distinction of learning or of pacific enterprise such as have made her record very bright and enviable. We do not wish to injure her or to block in any way her legitimate influence or power. We do not wish to fight her either with arms or with hostile arrangements of trade if she is willing to accept a place of equality among the people of the world—the new world in which we now live—instead of a place of mastery. Neither do we presume to suggest for her any alienation or modification of her institutions.

#### Who Do They Speak For?

But it is necessary, we must frankly say, and necessary as a preliminary to any intelligent dealings with her on our part, that we should know whom her spokesmen speak for. They speak to us, whether for the Reichstag majority or for the military party and the men whose creed is imperial domination.

We have spoken now surely in terms too concrete to admit of any further doubt or question.

#### MR. WILSON TO GERMANS.

1,000,000 COPIES OF SPEECH OVER ENEMY LINES.

Immediately after reading his address on war aims in Congress, President Wilson took steps to have it given the widest possible publicity in Germany, Austria-Hungary, the Balkans, and Russia. It was sent by cable to the Emperor, and it could be reached by wireless and by undersea and overland wires. The American Consul at Vladivostok was one of the first to get it after the Great Seal. It then states the "Times" 1,000,000 copies printed in German will be dropped over the enemy lines. It will be posted in every city, town, and village in Russia, and printed in every Russian newspaper under the direction of the high official committee of public information now in Russia. It will be circulated in Switzerland and in all other neutral countries, and translated in all Austrian Slav languages and circulated by every possible means in Austria-Hungary. A report will be made on an unprecedented scale to see that the programme of permanent peace reaches every human being in this world who can read.

#### INSOLENT REPLY.

GERMAN REJECTION OF U.S. TERMS.

Mind your own business, Prof. Wilson is the comment of the Cologne "Volkszeitung," the Roman Catholic organ, on the President's war aims speech. Its rudeness and stupidity are typical of the views expressed in the whole German Press. The "Volkszeitung" states: "Wilson's remarks about Brest-Litovsk amount to meddling in business which is no concern of his. Since the United States, like other members of the Entente gang, voluntarily missed the opportunity of joining in the Brest-Litovsk negotiations, these matters concern Russia and Germany alone. Therefore Wilson's false affirmations do not deserve further examination. He also goes on to name the representatives of the Central Powers are actually speaking. It is a silly question. They speak in the name of the Central Powers. Every child knows that here, but an American professor must ask such an idiotic question. The paper is so angry with the President that it publishes every word from this swollen, all state that President Wilson's more than ever, but his message includes worthless but insolent insinuations, and shows Wilson posing as the 'arbitrator mundi,' whose debates must be obeyed by every living creature." Other papers, adopting a hint by the "North German Gazette," the organ of the Government, all state that President Wilson's terms are not only as unacceptable as those of Mr. Lloyd George, but are also mischievous and uncalled for.

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Mr. Geo. R. Sims' Tachograph keeps four hours running, glow and beautiful light. It is a most interesting and useful device. The one uniform principle of the Tachograph is the hair glow. Ask your Chemist—[Advt.]

## "FAIR PLAY IS A JEWEL."



WORKING WOMAN: "Why should I have to stand here for hours to get a bit of food while she can get all she needs by post?"  
JOHN BULL: "Leave it to me, my good woman. I'm going to see that there is fair play all round in future."

## GERMANY ON THE VERGE OF STARVATION.

Berlin Without Light, Warmth, Clothing & Boots.

From a source which we can vouch for as entirely trustworthy (says the "Morning Post") we are able to give the following striking account of the conditions prevailing in Berlin. The statement is made by an observer at first hand, who only left Germany in the middle of December:—"The situation in Berlin is absolutely awful. There is hardly any light, warmth, clothing, or boots, and an appalling lack of food. The work of the city is carried on by desperate men, and by women who are reduced to nearly the same condition. On one occasion I saw a coal cart with Russian prisoners in the driver's seat, and four women in ragged, carrying the bags of coal into a house. The men were by both sides is abominably dirty, for there is no soap with which to wash it."

#### Verge of a Catastrophe.

Any person found possessing a copy of the leaflet is liable to arrest and a heavy sentence of imprisonment. The Dutch eye-witness states that the plight of Germany is becoming worse daily, owing to the scarcity and sometimes the complete absence of food, and also to a system of food distribution based on injustice. In the large cities, and also in the smaller towns and the villages, there means pain and suffering, perhaps death to thousands. All rations are about to be reduced. The reduction in the case of bread will be slight, because it is scarce, but the people might revolt. Rations of meat, milk, and eggs will be lowered considerably because of the small supplies; potatoes are sure to be scarce, which will bring about more trouble in Germany than any Russian question. Wherever one goes in Germany the children look pale and sickly. There is a ferment of revolt all over the country, but no body dares to take a lead in the matter, as it is known that the slightest movement would be met with ruthless shooting from the police.

#### Collapse in Factories.

Another proof of the straits to which the German people are reduced owing to the scarcity of food is afforded by a case that has recently come before a local tribunal at Glatz, in Westphalia, says the "Morning Post." A manufacturer was summoned for having, contrary to regulations, procured food for his employees from an innkeeper. The defence was that the official food rations were insufficient. The manufacturer, who employs about a thousand hands, told the Court that, owing to the fact that they were insufficient for every evening a number of his employees had to be carried out of his factory in a fainting condition.

#### A STORMY SCENE.

A further interesting light on the internal condition of Germany and the attitude of wounded soldiers towards the war was shown at a meeting held in Berlin this week. Several of the disabled attendants of the gathering, discontented with their Iron Cross but, not being permitted to speak, they grew restless under the flow of talk from the annexationists, and stormy scenes occurred, especially when one orator angrily referred to the war-scarred men in the corner as deserters who had left Hindenburg's banners to betray their comrades.

#### Wounded Soldiers Attacked at a Meeting.

Later some of the crippled interpreters were, according to the "Vorwarts," belaboured with sticks and abused by "the heroic home warriors of the Fatherland party." The tumultuous scene lasted for a quarter of an hour, and some of the cripples were seen bawling and showing their artificial limbs to the advocates of war to the end. The police finally ordered the soldiers to leave the hall, when a voice was heard shouting: "Take their Iron Crosses of them!" The "Vorwarts" concludes its account of the incident by saying: "The home warriors of the Fatherland party were left to themselves, and they now know what the field gery think of them."

#### DYING BY HUNDREDS.

60,000,000 SUFFERING FROM LACK OF FOOD.  
"What was uncertain last year has now become a bitter reality. It can no longer be denied that people are starving by hundreds in Germany." This statement was made by a Dutchman who has just spent five weeks travelling through Germany. Leaflets are being distributed in Germany containing the following extract from the recently suppressed number of "Vorwarts":—"Many people are dying of sheer hunger. Sixty million people are suffering. They will not always remain silent. Germany is on the verge of a catastrophe worse than Russia's, namely, a German defeat and the loss of the whole war."

## WORLD'S RECORD ARMY

1,500,000 AMERICANS IN TRAINING.

Mr. Baker, U.S. Secretary for War, in a statement to the Senate's investigating committee on the American Army preparations, said that the United States had in France an army of substantial size ready for active service. Officers and men had been trained specially for modern warfare. Independent lines of communication and supply were in process of construction, and great plans had been formulated for the production of new instruments of war. Arms of the most modern and effective kind were being provided for every soldier in France and were available for every fighting man who could be sent to France in 1918. There was an army of nearly 1,500,000 in the field or in training at home or abroad. No army of similar size in the history of the world had ever been raised, equipped, and trained so quickly, and no such provision had ever been made for the comfort, health, and general well-being of an army. The total number already in military service was one and a half times as large as any force ever mobilised by the American nation. In nine months the increase had been from 933,000 to 1,100,000 officers and men from 292,510 to 1,428,650 men. The air section on April 1, 1917, consisted of 65 officers and 1,120 men. On Jan. 1, 1918, it consisted of 9,900 officers and 82,120 men.

## LORD READING.

SPECIAL AMBASSADOR IN U.S.A.

On the departure from leave of Sir Cecil Spring Rice, his Majesty's Ambassador at Washington, the King has been graciously pleased to appoint the Earl of Reading, G.C.B., K.C.V.O., Lord Chief Justice of England, to be his High Commissioner in the United States in the character of Ambassador Extraordinary and Plenipotentiary on Special Mission. Lord Reading will remain in London as Chairman of the London headquarters of the British War Mission to the United States. It is understood that the Earl of Reading will not vacate the office of Lord Chief Justice of England.

## HOW WOMEN WORKERS CAN INCREASE STRENGTH.

Blood and Nerves Need More Iron and Phosphorus.

THE long hours of hard, nerve-racking work in our munition factories put a strain upon the nervous system that few can stand. Besides, the increased strain tests the nerve building phosphorus faster than it can be supplied from the ordinary practices. To make up this deficiency and to keep the nervous system strong and vigorous, leading physicians of the world over strongly commend the use of that pure organic phosphorus now obtainable from chemists everywhere in the form of Special Tablets of bitro-phosphate, the almost universal use of which is due to the fact that it is the most powerful and most effective means of restoring life possible, thus making the nerves strong and steady, giving the victory of endurance and strength to the weak, and aged and making long hours and hard work seem easy. Many workers, however, particularly pale, weak, anemic women, need iron as well as phosphorus, and these will be glad to know that taking with each meal a 4-grain tablet of red bitro-phosphate (containing digested iron), they can quickly supply the blood with the necessary strengthening invigorating benefits for which bitro-phosphate is so famous. Either of these excellent remedies can be obtained at small cost from chemists everywhere.

## SHIPS

are the need of

the hour.

The fighting men depend on everyone at home putting his best into his job. Ships are the need of the hour. Everyone must be fed, yourself included. Help to make it possible. Join your mates to-day.

Able-bodied men used to fairly heavy work, such as porters, packers, labourers, warehousemen, are wanted in the Shipyards now. Good wages will be paid, plus a subsistence allowance in respect of dependents if working away from home in the case of men who enrol as War Work Volunteers. Men are wanted on the Clyde and on the North-East Coast. Get particulars from any Employment Exchange at once. A Post Office will give you the nearest address. Men already employed with railways, iron ore mines, sugar refineries, collieries, canals, or on munitions, shipbuilding, agricultural implement making, agricultural work, or public utility undertakings will not be accepted.

## NEW PEER'S TITLE.

Mr. Almonst Pease, one of the New Year peers, has decided to take the title of Baron Queensborough. The new peer has important business interests in the home and abroad, and he has decided to take his title from this ancient Kentish port and borough, which dates from Edward III, will be accepted as a compliment by the prosperous little town. The title Lord Queensborough will appear in the Peerage for the first time in history.







LOVE AT FIRST  
SIGHT.

WEDDING DAY QUARREL.

"It was a case of love at first sight."

the Loyal North Lancs Regt., lived at Kilburn Park-rd., charged at Marlborough with assaulting his wife. It appeared that they started quarrelling on the day they were married. Mr. Foster admitted that she scratched her husband's face a fortnight later and alleged that on Saturday night he attacked her and her mother and

"paid" him while her father held him, and her mother attacked him

**MARRIAGE OF A V.C.**  
Lieut. Gabriel Coury, one of the Liverpool V.C.s, was married at St. Mary's Roman Catholic Church, Clapham Common, to Miss Kitt Lovell, a London girl. Lieut. Coury, before the war was a cotton broker. He won his V.C. by rushing into "No Man's Land" to save his Commanding Officer after three other men had been killed in the attempt.

## HOW TO NEUTRALISE

**DANGEROUS STOMACH ACID**  
A REMEDY THAT IS QUARANTEED.

Few people besides physicians realize the importance of keeping the contents of the stomach free from acid. Fermentation of food in the stomach cannot take place while the delicate lining of the stomach is being inflamed and dissolved by acid and wind—the results of fermenting food in the stomach. To secure perfect digestion, this fermentation must be stopped and the acid neutralized. Physicians, however, almost never prescribe drugs or artificial digestants; they rely instead upon the power of the stomach to digest. They know as *hydrated* magnesium, and only a small number of all high-class chemists in the form of small compressed tablets. Two of these tablets, taken after each meal, will instantly neutralize all harmful acids, and in consequence they prevent fermentation of food in the stomach. In almost all of the many disagreeable symptoms which indicate indigestion

1950

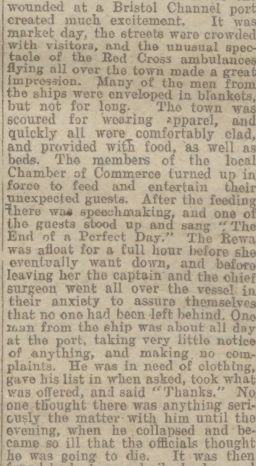
**APPLIES**

**MAYPOLE**

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MARGINE at their  
CO., LTD.

The FOOD CONTROLLER has been compelled to control the distribution, and to take over large quantities, of MAYPOLE MARGARINE in many towns.

**MAYPOLE DAIRY CO., LTD.**

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**"RATTING ON WOMEN'S VOTES SUNDAY."**

**CURIOUS QUARREL OVER DOGS** **NOW SECURE.**

Harriet Ibbetson, wife of Capt. C. V. Ibbetson, formerly Chief Constable of Leicestershire. The parties are neighbors.

hours at Datchet. Capt. and Mrs. Ibbetson have a dog, and Mr. Pickering has three dogs. Mr. Pickering complained that Mrs. Ibbetson's dog attacked his dogs on several occasions, and it was stated that he sent her a note saying next time it did

her a note saying next time it did so he should smash a window at her house. Her solicitor asked for an explanation, and Mr. Pickering replied—

I remember meeting Mrs. Ibbetson with this dog and a man one Sunday morning. She was ratting and trespass-

nothing absolutely harmful in this pursuit, which is indulged in by a certain

of men, and sundry other persons, who are not usually associated with a very refined taste, and a woman who indulges in it is probably a little out of the way of the world. It really is impertinent that a person of your rank and position should instruct you to ask me for an explanation of my note. It betrays an ignorance of the world of which I am ready to cry out at first hint at reprisals.

—Mrs. Ibbetson said on Dec. 31 her dog took hold of one of Mr. Pickering's arms, and she was obliged to pick up her dog and Mr. Pickering struck her dog with a hunting crop, which broke her bracelet and bruised her arm. She then clenched the dog from the arms and threw it to the ground.—His counsel said Mr. Pickering had no idea he struck Mrs. Ibbetson. He said he did through striking the dog, and that he was not responsible.

(Cheers.) Women may have done everything in the way of making the difference between the sexes. At this crisis in its history ought the country to take a leap in the dark? What would be the effect in an election of 6,000,000 voters to the register? The country should not allow itself to be snared by war-weariness into voting for an inconclusive peace. The cause of the Fair is the cause of business of men. And women, by their nature, are more likely to fall into the hands of the pacifists than men. Hear, hear.

Not "a little out of the world." Vigorously and whole-heartedly supporting the women's cause, Lord Selborne, answering the arguments

gentleman to apologise and compensate her for the damage to the bracelet.

test.—Mrs. Thibault accepted these terms, and the summons was withdrawn.

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## LABOUR MEN IN FRANCE.

**LEARNING WHAT WAR MEANS.**  
During the past year arrangements were made for several parties representative of Labour to pay visits to the British front in France. This opportunity of seeing something of the

tackled with so much success by the British Armies in France was great.

number of healthy men and women, and a large number of children, of which this war may be only the beginning. The King has said that the Government will do all in its power to help the homes of the people. It is said that votes for women will be used to elect a Government which will do all in its power to help the homes of the people. The only party which puts the preservation of the union of Great Britain in the forefront of its programme?

France, and a committee of selection has been appointed with the represe

natives of all the departments consisting of about 25, will proceed to France for a tour of inspection on Monday, 10th inst. The day accepted. The two parties will be conveyed to various places of interest in the neighbourhood of the Channel, and will be arranged at suitable points along the route, and the parties will spend the day in the various places, and will allow some 300 British workers

visiting the front each week, and they will be able from first-hand knowledge

to tell their fellow workers at home that the Government had been so successful in France, and the needs of the troops in France.

**BRITISH MUSEUM**

**NOT TO BE APPROPRIATED BY THE AIR MINISTRY.**

The Government have abandoned the idea of commandeering the British Museum for the purpose of housing the Air Ministry. When this announcement was made in the House in the House of Lords it was greeted with loud cheers. He explained that as it had been found impossible to find a suitable site for the accumulation of Government stores for women because it is a vast, incalculable, and almost catastrophic charge to be incurred, it would be much surer to make the landmarks we know; there is no mandate for it from the country; and it is absurd to say that women will consent to lose their homes and their property in the year of 1919 get the vote. He admitted the zeal, the efficiency, and the devotion of the women war workers. But they were not to be asked to sacrifice their homes and their property for the State. Would men consent to the conditions of their industrial life and their wages being regulated by a preponderance of women? He cannot imagine any Government Minister who should violate my conscience if I

Departments it would no longer be necessary to appropriate the building.

At first proposals. As the removal of the art treasures was continued further space in the galleries would be available, and with the consent of the British Museum trustees the space thus rendered vacant would be utilized, but not for any of the combinations suggested by the National Art Treasures Museum at Kennington had been found unsuitable for Government use.

The building under construction would not be appropriated.

**THREE WIVES.**

Edwd. Powderham, 16, who at London Sessions was ordered Borstal treatment for three years, was stated to have arrived in 1920 from Australia at his mother's house at Tooting, and to have gone to Reading and Bristol and spent the whole of the money in three weeks.—Def. sergt. Price said that the husband had deserted Mrs. Powderham, leaving her with a large family, and she was employed on a milk round. The men belonged to a "black boyer," and the boy was most callous young fellow," added the officer.

### A BELGIAN'S TRIAL.

Old Bailey of Lieut. Chas. Aughust, of the Belgian Army, who was indicted for attempting to murder the Duke of Wellington, was sentenced to Kew-Down Prison, where he will remain. Kingway, Justice Darling gave an important ruling. He held that Aughust was not entitled to a trial by court-martial at Calais and acquitted, and could not therefore be tried again. As there was no sentence on him he had been tried for unlawful wounding, he would direct the jury to find to that effect.

**CHRISTMAS EVE BURGLARY.**—At the Assizes at Exeter, Geo. Kingsland, 27 got 12 months' hard labour for breaking and entering the flat of Capt. John Murray Cobbold in the Victoria Hotel, Exeter, for stealing various articles of jewellery, and for stealing a pendant and other articles from the Christmas Eve Hotel. The prisoner offered some jewellery for sale at a Christmas party a few hours after he had stolen them.

**SPOTTED FEVER.**—A case of spotted fever in a natural cause was returned at a Kensington inquest on P.C. Ernest Davis, 168

**BOY'S PULLETS STOLEN.**  
A Brockley boy, 10, who worke

ward to buy a few young chickens, successfully reared five pullets, but they have been stolen, and the boy is very distressed, as they were about to lay and he cannot afford to buy others.



# CYCLING HINTS

By "WHEELER"

occasionally get letters from old cyclists complaining that the topics I touch on and the tips I give are well-nigh useless to very young cyclists. I have been asked to write a column for the case of those experienced cyclists. It is not possible to teach an intelligent person of 35 years of age or more, in 15 minutes, the use of his machine or methods of using it, or even places to go to, but it must not be forgotten that our sport is a team sport. The vast majority of them are in complete ignorance as to how the cycle should be ridden, how it should be maintained, and how it should be repaired from its intelligent use. It is for this class primarily that these notes are written. I am sure that the vast majority of those who read this column, and that I welcome queries even of the simplest nature, will always do me the honor to read my column.

Whilst on this subject I may say (as I now from personal experience) even though it is long and tedious, that the little details of things that are fresh to them, and the interchange of ideas, tips in this respect, are always valuable.

There are many who will ask whether there is any law which compels a railway company to carry a cycle free of charge, and the answer is in the negative. The National Cyclists' Union some years ago made a petition to the Government and it was held the railway company were not kept liable to carry personal luggage, and therefore a cycle is not within this category any more than

ing-machine or a typewriter. The object is ever made to carrying off the blame, and they, of course, are not to be blamed. This same correspondence informs me that the railway companies have a bye-law saying that a cyclist who is caught with a lamp that is not litated and the front wheel taken out. This is certainly news to me, and I am rather surprised to find that the railway companies think the definition of traveller's luggage is not too strict.

Several readers have been good enough to send me particulars of how to remove handle-grips, and all of them have done so. The method of doing so without destroying the grip. However, as one does not want to do so as a rule, one may as well try the method I have adopted last time. The method I have adopted has been to take the grip off the handle, to protect it and then to burn off the handle grip by lighting it. The card is then taken off the handle and the handle is then wrapped off. For fork or horn handles the same way seems to be best then until the handle is taken off the handle. This is probably a rather tedious job, but most grips nowadays are celluloid or plastic.

Motor-cycle mirrors are now being used on aeroplanes.

at the B. E. Technic, Regent-st. Room 10, on Friday evenings, between 5 and 6 o'clock.

The Commercial Motor Users Association are shortly issuing a booklet giving a list of gas-charging stations, giving the name and address of the nearest station to be posted free on application to Mr. F. O. Ristow, 83, Pall Mall, S.W.1.

**WHEELER.**

**C. A. V. ALL BRITISH MAGNETOS.**—Not as good as the German best—BUT BURNING OIL. For ever increasing electrical connection with Motor Cycling is C.A.V. "older" "F" and Spare Parts List posted free. C. A. V. MAGNETO & Co., Ltd., Wrexham, London W.8.—[Adv.]

**STANDARD SUITS.**

**TO BE UP ON THE MARKET AT 57½c. 6c.**

Sir Alex. Snykes, Director of Wool Textile Production, has submitted a report to the Board of Control at Bradford on the state of the wool cloth scheme. A wide range of proposals has been put forward, but the Board has decided to increase in wool prices, and to avoid government subsidy, it had been found necessary to raise prices to 57½c. per lb. for 50's and 55's, and 58s. 4d. This had not been done in reference to a reduction in quality. The Board's price had been carefully considered, and it was found that the cloth was thoroughly sound wearing qualities could be produced for sale by the wholesale trade at 57½c. per lb. The Board had previously claimed 33 per cent. gross profit on its ultimate selling price, but this had been proposed to reduce to 24 per cent., which would mean a reduction of 10 per cent. on the market at the fixed price of 57s. 5d.

**NO MORE COUGHS AND SORE THROATS.**  
**AN EASY WAY TO USE TAR.**

**COLD,** damp weather invariably means coughs, colds, and sore throats for thousands of children. Nearly all of them suffer from these troubles, and attendant danger can be overcome and averted by giving to the little one several times a day, half a teaspoonful of a pleasant soothing cough syrup made from the following simple recipe. Obtain a 2oz. bottle of pure, unrefined tar from the chemist, put this into a jug and slowly add sufficient hot water to make up to half a pint.

and until it could be poured into a bottle and kept tightly, and the cough syrup is the ready for use. In this manner the well known remedial and soothing properties of bitrate of tar are made use of in such a way that the children like it, and take it with pleasure. In this manner the bitrate of tar is the best thing they have ever seen. Despite its cheapness and pleasant taste, this cough syrup made from bitrate of tar is the best thing they have ever seen, because it brings the healing properties found in pine, tar, wild cherry and guaiacum directly in contact with the inflamed membrane of the throat, without being drawn up in any other way.

# Trouble

**Cured.**

ings, Ancoats-  
rd Manchester,  
on Hospital with  
not been long  
to bed. When  
the Food would  
be in a shock-  
people thought I  
saw it's Tablets,  
improved daily,  
again."



Mr. J. Robinson

# ssell's lets.

**Iron-Dq not Constipate.**

re the most effective home treatment for

Sleeplessness	Mal-Nutrition
Anamia	Wasting Disease
Kidney Trouble	Palpitation
Indigestion	Premature Decay
Stomach Disorder	Loss of Flesh

nursing mothers and during the Crises of  
 Chemists and Stores in all parts of  
 the 34- size being the most economical



**WOMEN HONOURED.**

### BACON OFFICIAL GETS THE EMPIRE ORDER.

The British Empire Order conferred a large number of names of women mentally, shows how many important positions, which would be looked upon as men's work in other times, are held by the fair sex. Thus Mrs. J. J. G. is a member of the Order, is Assistant Director of Food Supplies at the Ministry of Food. Having her degree at St. Andrews University and lived at home for 15 years, she first went to the Ministry of Food as a voluntary worker. She invented the distribution of Impulse, a ham, and was the first to give it. Mrs. Amy Pomeroy, who was a member of the Order, was given a task requiring exceptional courage and self-sacrifice, "is an Australian. The devoted mother of four children, she gave heroic assistance to the men in the manufacture of munitions."

### MAILS LOST AT SEA.

proposal is on foot in Paris to found an academy of Feminine Fine Arts, the first being reserved for a dressmaker's taste.

## ARE YOU RUN DOWN?

ay who gets his training in a  
l where severe disorders only  
ountered knows little about  
those who are run down in he  
w that it is not a fancied afflic  
he expression "run-down" co

Applied to health, it means that all the bodily functions are weakened. Appetite fails, the digestive system is impaired, the nerves are exhausted, the complexion becomes sallow, there is no animation.

ner worry and mental depression is a constant symptom. No particular organ being affected, must look for relief to the blood which circulates everywhere. Improvement in the blood is quickly brought about throughout the entire system.

Williams' pink pills for  
ple are the best and most c  
t blood builders. After a co  
hese pills your blood becomes  
red, the various organs re  
r tone, and the body recover  
ur. If you have any or all of

REE.—Send a post card for  
a useful Health Guide to  
11, 46 Holborn Viaduct, Lon-  
don.—[Advt.]

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RHEUMATISM  
READ MY FREE OFFER**

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endurance—all without be-  
... have almost reached the p-  
... re you consider your case hope-  
... a don't feel like throwing a  
... more money.  
... that is why I am offering you

ment of Oliver's Foot Draft 5s.—FREE. I KNOW Oliver's Foot Draft will do. I know more than one hundred thousands of Rheumatism have been cured. But I don't ask you to take it. Prove to yourself.

**NO MEDICINE—NO DRUGS**  
 Liver's Foot Draft is a powerful aseptic plaster which removes acid poison from your system.

ough the skin. Applied to the feet, where the excretory is largest, and where it will interfere with your work or pleasure in any way, it brings almost instant relief from pain and quickly removes the traces of the disease.—Just

name and address and a 5s. stamp will be sent you to try. Do not use any money or stamps. Write to, S.P. 13, Eauclore House, Vauxhall Ct., London, E.C. 4.—[Advtd.]

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**DUINE WHITE-YORKSHIRE BLANKET**  
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all size), 15/11 .....reduced to 12/11  
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This image shows a blank, aged, cream-colored page, likely an endpaper or flyleaf of a book. The paper has a slightly textured appearance with some faint smudges and discoloration, characteristic of old paper. The left edge of the page shows the binding of the book.











